

ARE WE TOO EASY ON DUI KILLERS?

# seattle

THE PREMIER SEATTLE MONTHLY

FEBRUARY 2007

## THE BEAUTY ISSUE

SALONS  
SPAS  
HAIRSTYLISTS  
MANICURES  
PEDICURES  
UPDOS  
FACIALS  
WAXING  
MASSAGE

MEET SEATTLE'S  
NEW KING OF  
POP (CULTURE)

WHY WE'RE  
MOVING AN  
ENTIRE TOWN

TOM DOUGLAS  
TAKES  
ON PIZZA

A MARDI GRAS  
DINNER PARTY WITH  
KELLEY MOORE



THE MODERN MANI AND PEDI STATIONS AT SWOON, BEST NEW SPA WINNER



aromatherapy and a skin-conditioning treatment of seaweed and plant oils. But beyond those luxurious components, each massage is tailored to the client's specific needs, and most treatments use a combination of techniques, such as Reiki, shiatsu and deep tissue. "We hire great massage therapists, and we make sure they can do all different kinds of massages," says owner and "chief visionary officer" Nina Ummel. Amber Detroy, Trish Freiberg and Jen Nestor are particularly adept at soothing battered bodies. Massages are \$55 for 30 minutes, \$90 for 60 minutes and \$125 for 90 minutes.

**THE EXPERTS ALSO RECOMMEND:**

**Spa Nordstrom, (DOWNTOWN)** Spa Nordstrom offers two great options for sore muscles. The deep-tissue massage (\$85) targets a specific muscle group or part of the body, using slow strokes and deep pressure. The vigorous sports massage (\$85) can improve circulation and help speed muscle recovery.

BEST OF BEAUTY

# spas

## BEST NEW SPA

[WINNER!] >>

**SWOON BOUTIQUE SPA, (CAPITOL HILL)** Since it opened last summer, Swoon Boutique Spa has been a hit with its trendsetting Capitol Hill neighbors. Owner Ellen Chae admits that it sounds clichéd, but she opened the spa because she couldn't find what she was looking for at other establishments: a hip, super-clean spa with good design and great prices. "Capitol Hill is a great place to try new concepts," she says. With its communal manicure table, the very social spa has already become a magnet for group celebrations. Manicures are \$27 to \$40, pedicures \$45 to \$55, massages \$60 to \$110 and facials \$45 to \$125.

**THE EXPERTS ALSO RECOMMEND:**

**Savi Day Spa (new location), (TACOMA)** Having been in business in the Tacoma area for 20 years, Savi Day Spa isn't new, but the popular south Sound spa did move to a chic new location in the downtown Tacoma Sheraton this past November. "We knew it was a perfect fit," says Kelly Wilson, who owns Savi with her best friends, Sharon Kline and Sally Smith. "There's a lot of life down there."

## BEST THERAPEUTIC MASSAGE

[WINNER!] >> UMMELINA

**INTERNATIONAL DAY SPA, (DOWNTOWN)** Every massage at Ummelina starts with three ingredients: a hot towel for the face, organic



THIS WOMAN KNOWS FACES: ANGELA BERN CASTAGNOLA OF RED, WINNER OF BEST FACIAL AND ANTI-AGING FACIAL