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Psst!

A salon for the girl on the go

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Peace and tranquility is nice and all, but honestly, who has the time? Sometimes a girl just wants to duck into a salon for a quick facial on her lunch break — hold the robe and fuzzy slippers, thank you.

It's not high maintenance, it's just maintenance.

Which is exactly what you get at **Swoon**, a sleek but practical new spa on Capitol Hill. Owner Ellen Chae designed it for the girl on the go, sort of a happy medium between luxurious getaway and strip-mall salon.

"It's for people who are busy and want to drop in somewhere," says Chae. "You're in and out. And you don't have to make appointments months in advance."

Chae is also a clean freak — in a good way. Everything in the spa is hypersterilized and disposed of after use. Are you listening, Paula Abdul?

Swoon (206-323-0106) is at 1422 E. Pine St., in Seattle.

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